



**TARLETON**  
ACADEMY

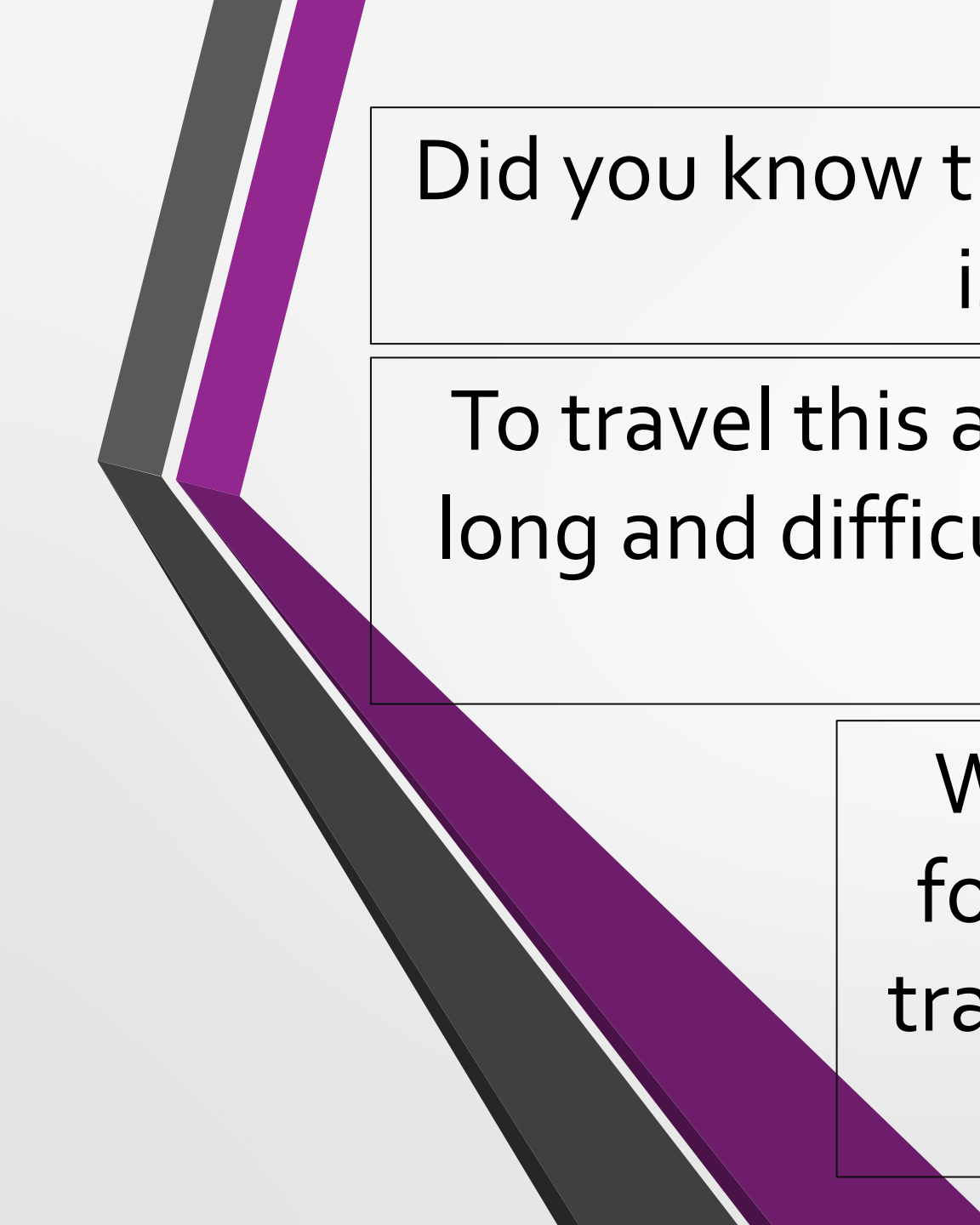
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# Around the World Starting 1/2/21

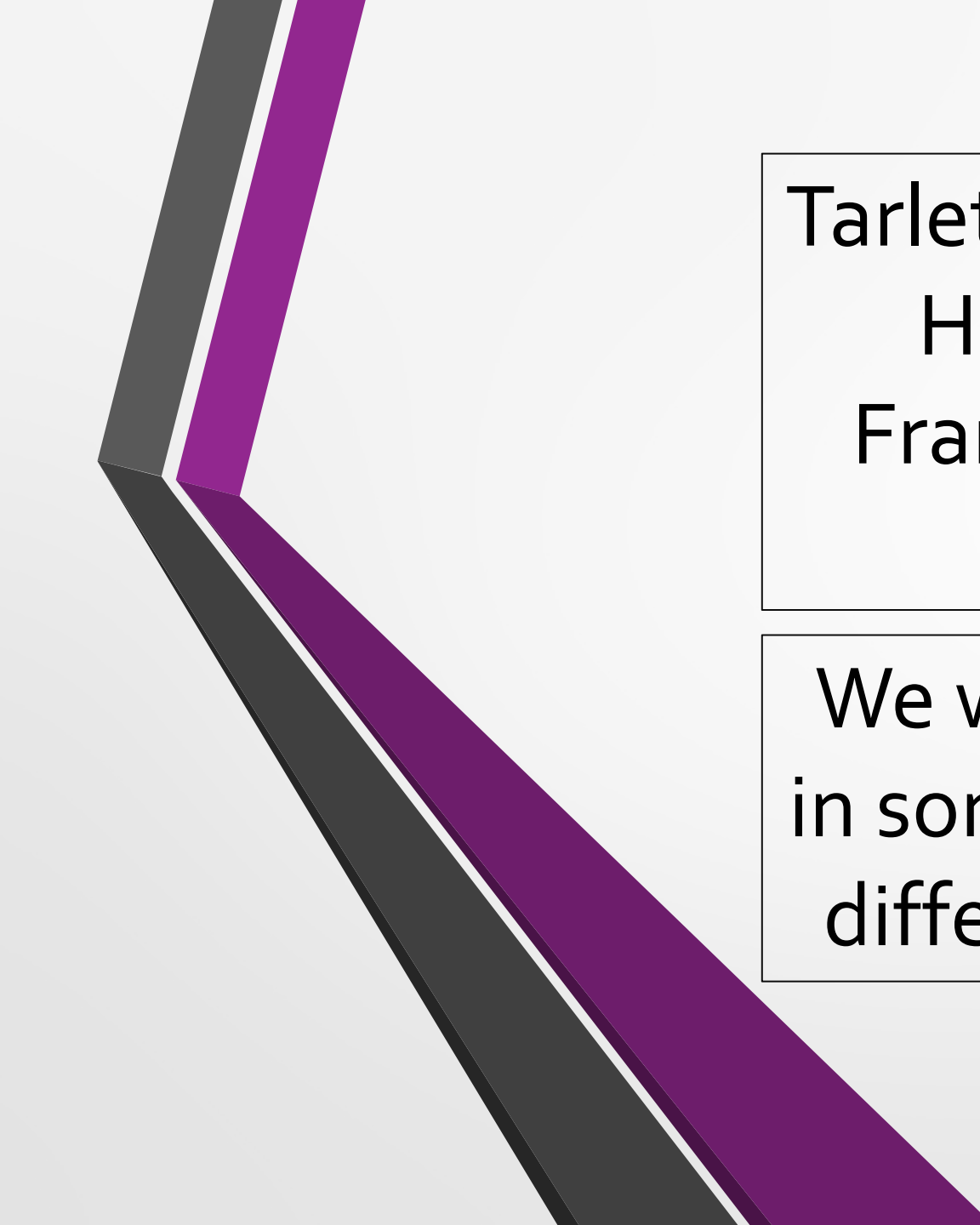
Fitness Challenge



Did you know the distance around the world  
is 24,901 miles


To travel this alone would be an extremely  
long and difficult task, but we can do it as a  
community

We are going to follow in the  
footsteps of Phileas Fogg and  
travel from Tarleton to Tarleton  
in 80 days



Tarleton - Turin-Istanbul- Mumbai –  
Hong Kong – Brisbane – San  
Francisco- Chicago – New York -  
Tarleton

We will travel 26,271 miles to take  
in some of the sights and sounds of  
different places around the world



Every time you complete an activity (run/walk/cycle) log your miles here

<https://forms.gle/5MgPm5Pp1JshKtLz5>

There will be regular updates as to where we have reached on our journey and each milestone has a particular challenge you can try based on where we are.

# Stage 1 Tarleton to Turin – 890 miles



Home of Juventus  
football club  
- So while we are here,  
a challenge – how far  
can you run, cycle walk  
in 90 mins



## Stage 2 Turin - Istanbul – 1343 miles



Home of the famous  
Grand Bazaar –  
Challenge you have 1  
hour to walk around  
the famous Bazaar, see  
how much distance you  
can cover

## Stage 3 Istanbul -Mumbai– 3802 miles



Challenge - Why not  
take a stroll along  
Marine Drive a 3.6km  
promenade in Mumbai

## Stage 4 Mumbai – Hong Kong– 2668 miles



The tallest building in Hong Kong is the International Commerce Building Challenge – walk the 2120 steps to the top



# Stage 5 Hong Kong - Brisbane– 4305 miles



While in Brisbane there is the Queensland Triathlon taking place – Challenge – Walk 5km, Run 10km, Cycle 20km over the week

Stage 6 Brisbane – San Francisco– 7076 miles



Home of the 49ers NFL team – Challenge – can you travel 49miles this week?

# Stage 8 San Francisco – Chicago– 2132 miles



Here you will find the famous 1km Navy Pier – Challenge Walk the pier every day 1km



# Stage 9 Chicago – New York– 789 miles



Empire State Building  
run up challenge  
Can you run/walk 1,576  
steps this week (86  
floors)

# Stage 10 New York - Tarleton– 3266 miles



Home time  
Well done- Challenge  
rest and put your feet  
up